

Elizabethtown Area Senior Center
 70 S. Poplar St., Box 225
 Elizabethtown, PA 17022
 Phone: 367-7984

January 2012
ACTIVITIES

Joyce Hardman, Director
 Sherry Haneman, Assistant
 Jen Kircher, Assistant
 Hours: 8:30A.M.-4:00P.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) CLOSED- HOLIDAY	3) 9:00 Walking 9:30 Exercise w/ Sherry 10:15 Feel Better/ Look Younger-Relaxation 11:15 Celebrate Breakfast 1:00 Bridge	4) 9:00 Walking 9:30 Exercise w/ Terry 10:30 Wii –bowling 11:00 C-Dish	5) 9:00 Gym Walking /Quilting 9:30 Exercise w/ Sherry 11:00 New Years Resolutions 12:30 Pinochle /Bridge	6) 9:00 Walking 10:00 Bible Study 11:15 Q&A Discussion 5:00 T.G.I.F.- Pizza & ‘Beer’ \$5/person
9) 9:00 Walking 9:30 Laddergolf/ Shuffleboard 10:30 Bingo 12:30 Pinochle	10) 9:00 Walking 9:30 Exercise w/ Sherry 10:00 BP Checks 11:15 Cold & Flu Season 1:00 Bridge	11) 9:00 Walking 9:30 Exercise w/ Terry 10:30 Wii –bowling 11:00 Tiddly winks/Pick up Sticks 4:00 Seniors In GEARS	12) 9:00 Walking/ Quilting 9:30 Exercise w/ Sherry 11:00 Hat Trivia 12:30 Pinochle / Bridge <i>Hat Day- Wear a Hat</i>	13) 9:00 Walking 10:00 Bible Study <i>Do Nothing Day</i> 5:00 T.G.I.F. Dinner \$5/person
16) CLOSED- HOLIDAY	17) 9:00 Walking 9:30 Exercise w/ Sherry 10:15 Nutrition w/ Donna 1:00 Bridge	18) 9:00 Walking 9:30 Exercise w/ Terry 10:30 Music w/ DJ Stan Tucker 1:00 Pick Up Central Penn Food boxes	19) 9:00 Walking /Quilting 9:30 Exercise w/ Sherry 10:30 Pennies From Heaven 12:30 Pinochle / Bridge	20) 9:00 Walking 10:00 Bible Study 11:15 Holiday Traditions 5:00 T.G.I.F. Dinner \$5/person
23) 9:00 Walking 9:30 Laddergolf/ Shuffleboard 10:30 Bingo 12:30 Pinochle <i>Great American Pie Day-Bring A pie to share</i>	24) 9:00 Walking 9:30 Exercise w/ Sherry 10:15 Po-Ke-No 11:15 Word Puzzles 1:00 Bridge	25) 9:00 Walking 9:30 Exercise w/ Terry 10:30 Wii bowling 11:00 Dominos/ Rummy-kub	26) 9:00 Walking/ Quilting 9:30 Exercise w/ Sherry 10:30 “Snow Sculpting” 11:00 Advisory Council 12:30 Pinochle / Bridge	27) 9:00 Walking 10:00 Bible Study 11:15 Town meeting 5:00 T.G.I.F. Dinner \$5/person
30) 9:00 Walking 9:30 Laddergolf/ Shuffleboard 10:30 One for the Money 12:30 Pinochle	31) 9:00 Walking 9:30 Exercise w/ Sherry 10:00 Movie & Popcorn 1:00 Bridge		Website: www. GetintoGEARS.org E-mail: SeniorCenter@ GetintoGEARS.org	NOTE: Coffee, conversation, table games, pinochle, word puzzles every morning at 9:00A.M. Lunch at 12 Noon