



2026

FALL

PROGRAM GUIDE

live.
learn.
play.



RECREATION



KIDS CENTER



SENIOR CENTER



GEARS

SCAN ME



RECREATION
(717) 367-0355



KIDS CENTER
(717) 367-0119



SENIOR CENTER
(717) 367-7984

www.GetintoGEARS.org

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GET INTO GEARS

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*We love to serve our community!
Please join us in the Lanaster
County Extra Give One-Day
fundraising event to contribute
towards offering quality GEARS
programs for all ages.
Follow our social media for more
information!*

Mission Statement

GEARS connects people of all ages through recreation, learning, childcare, and senior center services that strengthen the community and the quality of life.

GEARS Municipal Partners & Board Members

East Donegal Township

Scott Kingsboro
Linda Good
Alan Kaylor

Elizabethtown Borough

Howard Kroesen, Chair
Jay Hynicker
Alissa Eby

Mt. Joy Township

Delmar Oberholtzer, Treasurer
Adam Reed
Ed Myers

West Donegal Township

Lindsay Norris, Vice Chair
Phil Dunn
Jeb Musser

GEARS Staff Contacts

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Joyce Hardman, Business Manager

Kids Center: (717) 367-0119

Wendy Musser, Director
Kelly Flowers, Assistant Director

Recreation: (717) 367-0355

Lee Eckert: Director
Karrie Norman: Program Coordinator
Erin Thomas: Administrative Asst.

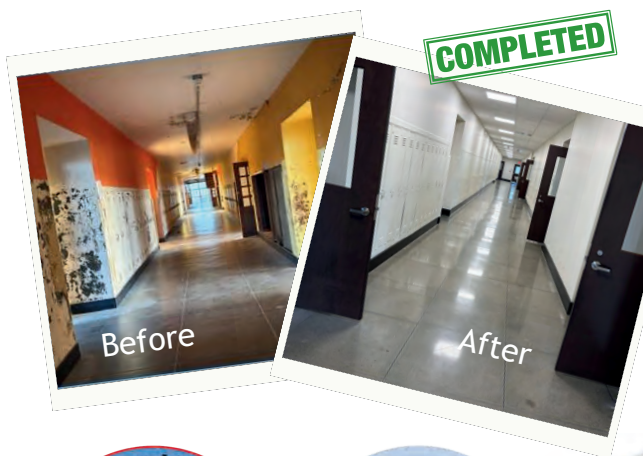
Senior Center: (717) 367-7984

Jessica Raush, Director
Julissa Rivera-Santa, Asst. Director
Wayne Bream, Assistant

Residential program pricing throughout the brochure:

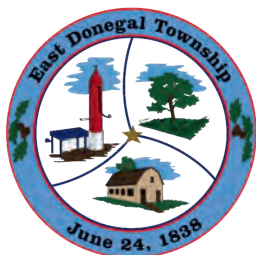
Resident= Household resides in Elizabethtown Borough, West Donegal Township, East Donegal Township, or Mount Joy Township

Non-resident (NR)= Household resides outside of the municipal areas listed above



GEARS Community Center 2nd Floor Renovation Update

We're excited to announce that the renovation of the GEARs second-floor space is officially complete! This beautiful new space is now ready to welcome participants as we begin scheduling a variety of fitness and educational classes, creating even more opportunities for our community to live, learn, and play.



All programs and events conducted by GEARs that are listed in this brochure are not sponsored by the Elizabethtown Area School District and the District assumes no liability for these programs and events, including their content, conduct, or any associated outcomes.



Mother/Daughter

Paint Night



 **Fri Sept 25th**

 **6:30PM-8PM**

 **GEARS CC**

 **\$44/couple (\$54/couple NR)**
Register by Fri Sep 18th

Explore your artistic side with with mom, grandma, an aunt or friend for this paint night bonding event! The evening includes a guided fall-themed painting tutorial led by Twisted Easel, light refreshments, and a photo booth.



Father/Son

Laserdome Blast

The adventure awaits! Team up with Dad, Grandpa, an Uncle or another awesome male adult and get ready for an epic evening packed with two exciting rounds of laser tag and unlimited arcade games! Light snacks and drinks provided.

 **Thu Nov 5th**

 **6PM-8:30PM**

 **Laserdome**

 **\$35/person (\$40/person NR)** | **Register by Oct 30th**



16th Annual

GEARS FALL FEST

SAT OCT 17th

10AM-2PM

Elizabethtown Fairgrounds



DDMP
DELLINGER, DOLAN
MCCURDY & PHILLIPS
INVESTMENT ADVISORS, LLC
AN INDEPENDENT FIRM

**Event
Sponsor**

MOTHER/SON

AXE THROWING ADVENTURE

Join us for fun, laughter and a little friendly competition at STUMPY'S Hatchet House of Hershey. Two hours of unlimited axe throwing! Light snacks & drinks provided. Mom not available? Invite Grandma, an Aunt, or family friend. Grab your flannel and throw like a pro! *Must be at least 8 years old.*

 **Sat Nov 14th**

 **1PM-3PM**



 **\$65/couple (\$75/couple NR)** | **Register by Nov 6th**



MARS WRIGLEY LOCALLY MADE, ETOWN PROUD



Scan Here

Presents...

Elizabethtown Holiday Parade Sat December 5th, 4pm



Join us for a **Santa's Workshop** themed parade up Market Street, Elizabethtown. Enjoy the holiday fun! *For more information, including registration and sponsorship, please scan the QR code or visit www.GetintoGEARS.org*



Storytime with Mrs. Claus

A fun holiday adventure awaits you at the Winters Heritage House Museum. Join Mrs. Claus as she celebrates the magic of the holiday season with heartwarming stories, holiday songs, festive crafts, and delicious treats.

Ages 3-12

Sat Dec 19, 10-11:30am | \$8 (\$10 NR) | Winters Heritage House



GET OUT OF THE KITCHEN

Pickleball

Pickleball 101: Paddle Up!

Join us to see why pickleball has been the fastest growing sport! Start with our beginner lessons where you will learn basic techniques, rules, and strategies!

Learn the basics now so you can enjoy playing with family and friends and sharpen your skills this fall. All equipment is provided.

Instructed by Pam Kaylor. Ages 16+

Tue/Wed/Thu Sept 8, 9, 10 | 9am-10:15am (Raindate Fri Sept 11)

\$50 (\$60 NR) GEARS CC Rink

Pick-Up Pickleball

Practice your skills & enjoy a little competition during this doubles drop-in pickleball play. Equipment available. No pre-registration necessary. Cash payment is due upon arrival each day/evening of participation. Ages 16+

September 1st - December 29th

GEARS Community Center Gym

Tuesdays & Wednesdays: 1:15-3:15pm

No pickleball on Dec 23

Fridays: 6-8pm

No pickleball on Sep 25, Nov 13, Nov 20, Nov 27, Dec 25

\$5/Day (\$6/Day NR)



Preschool

PLAY, LEARN & GROW TOGETHER

Iddy Biddy Gym Class Heroes

Help your little one develop motor skills in a fun and encouraging environment. This class is an intro to sports and classic gym class games. Children will learn new skills and develop athletic movements along with hand-eye coordination and teamwork. Featured sports include: soccer, football, pickleball, gymnastics, obstacle courses, and group games. Ages 3-6

Tue Sep 15- Oct 13 | 6pm-6:45pm | \$65 (\$75 NR) | GEARS CC Gym



Iddy Biddy Soccer



Participants will learn the fundamentals of soccer, develop athletic movements, and expand their large and small motor skills. Emphasis is on building self confidence and teamwork. Players will learn through fun stations and games. Fee includes a t-shirt. Ages 3-6

Sat Sep 5-Oct 10 | (A) 9-9:45am (B) 10-10:45am | \$65 (\$75 NR) | EAHS Field #2

Toddler Gym

NEW

Get your little one moving in this fun, active class designed for toddlers and their caregiver! Each session begins with a group warm-up followed by time to explore the exciting obstacle courses and gymnastics activity stations.

Children will build coordination, confidence, and motor skills through play while enjoying quality time together. This program is available as a drop-in class or as a whole session. Ages 18 months-3 yr

Mon Sep 14- Oct 12, 10:30-11:15am | \$45 (\$55 NR); \$10 Drop-in (\$12 NR) | GEARS CC



Preschool Story Hour

storytime

Join us for this interactive program that introduces young learners to the traditions of the past through stories, songs, movement, hands-on crafts, cooking, games, and simple activities inspired by the 1700s. Each month has a different theme that encourages imagination and curiosity in a fun and welcoming environment. Themed snacks provided. Ages 3-6

Fri Sep 11, Oct 9, Nov 6, Dec 11 | 10-11:30am | \$30 (\$32 NR) | Winters Heritage House

Kid Chef: Food Explorer!



Join us for a fun child & me workshop that includes sensory play, colorful discovery, and no-pressure food exploration! Your little ones will help prep a simple, kid-friendly snack, empowering them to take ownership of what's on their plate. *The Wellness Grove* dietitian team believes that falling in love with food starts with curiosity, not a clean plate. In this fall-themed interactive workshop, you will move away from dinner table battles and into a world of food exploration and adventure! Perfect for toddlers (ages 2-5) and their favorite grown-up!

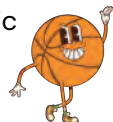
Wed Sep 16, 9-10:30am | \$25/pair (\$30 NR) | The Wellness Grove



Iddy Biddy Basketball

Bring your little tike out for a hoopin' good time! Coaches will teach basic shooting, dribbling and passing skills. Fee includes a t-shirt. Ages 4-6

Sat Dec 12-Jan 30 (no Dec 26) | (A) 8:30-9:15am (B) 9:30-10:15am
\$70 (\$80 NR) East High Elem Gym



Youth/Teen

LIVE. LEARN. PLAY

Girls Middle School Volleyball League

Middle School Volleyball Program that will compete in a Girls Volleyball League on Monday nights (Sept -Oct). Fee includes practice, uniform, league games and 2 tournaments. Teams for girls in Grades 5&6 and Grades 7&8

Mon, Tue & Thu, Aug 3-Oct 19, 6-8pm

\$260 (\$270 NR) Bear Creek Gym

www.GetintoGEARS.org

Girls Lacrosse Clinic

This lacrosse clinic will help strengthen fundamentals through skill based drills. Whether you are brand new to the sport or looking to sharpen your skills, this program offers the perfect blend of fun and fundamentals. All skill levels are welcome! Equipment is available to borrow. Girls Grades 2-8

Wed Sep 16- Oct 21, 5:15-6:30pm

\$30 (\$40 NR) EAHS Field #3

Youth Soccer

Does your child want to learn soccer? Check out this instructional and low competitive soccer program (no assigned teams). Participants will learn the fundamentals of soccer in a fun environment while playing skill development games. Led by the EAHS Girls Soccer coaches & players. Fee includes a t-shirt.



Boys & Girls Grades 1-3
Sat Sept 5-Oct 10
9-10:30am
\$65 (\$75 NR) EAHS Field #3

Home School/Cyber School Gym Class Heroes**NEW**

This daytime class is perfect for school aged children and teens currently participating in home or cyber school. Each class will focus on a new sport and include other classic gym games like kickball & dodgeball. Sports include: basketball, soccer, pickleball, floor hockey, lacrosse, and obstacle courses. Ages 6-17

Fri Sept 11- Oct 30 (no class Oct 2)
1:30-2:30pm
\$75 (\$85 NR) GEARS CC Gym

Winters Heritage House Afternoon Kids Club

Enjoy an engaging after-school program that includes art, nature, inventions, and holiday traditions in a welcoming, hands-on environment where learning is always an adventure! Snack is included. Ages 4-12

Wed Sept 16-Dec 2 (no Nov 11)
4:15-5:30 pm
\$60 (\$70 NR) Winters Heritage House

**3 Ways to Register:**

Phone: (717) 367-0355
Online: www.GetintoGEARS.org
In-person: 70 S. Poplar St. Etown

WHH PJ Story Nights

Slip into your favorite pajamas and relax in our cozy cabins for an evening of seasonal stories, crafts, and delicious fall-themed snacks.

Ages 5-12
Fri Sept 25 and Nov 20
6:30-8pm
\$8/day (\$10 NR)
Winters Heritage House



6

Beginner Tennis Group Lessons

Children of beginner skill level will learn the fundamentals of tennis using the ORANGE practice balls. Through the use of fun games and drills, players will learn proper technique of forehand, backhand, serve and volley. Taught by Brenda McBride, EAHS head tennis coach. Ages 7-14

Tue & Thu Oct 6, 8, 13, 15
6-7pm
\$65 (\$75 NR)
Etown HS Tennis Courts

**Intermediate Tennis Group Lessons**

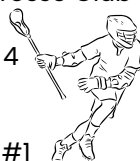
This intermediate session is for players that have completed two or more sessions of beginner tennis lessons. Instruction will focus on continuing to develop tennis skills, footwork, and prepare for match play. Taught by Brenda McBride, EAHS head tennis coach. Ages 10-16

Tue & Thu Oct 6, 8, 13, 15
7-8pm
\$65 (\$75 NR)
Etown HS Tennis Courts

**Boys Rookie Lacrosse Clinic**

Participants will be introduced to the basics of the game of lacrosse. Skills of catching, passing, and shooting will be emphasized along with some small area games to highlight skills learned. Led by RAA Etown Youth Lacrosse Club coaches. Boys Grades K-5

Mon & Wed, Nov 2 & Nov 4
5:30-6:45pm
\$20 (\$25 NR)
Mount Joy Twp Bld. Field #1

**Winter Art Workshop**

Join us for a cozy & creative winter art workshop! Students will enjoy making winter-themed projects while exploring their imagination and artistic skills, perfect for brightening up the chilly days after the holidays! All materials are included and everyone will leave with their handmade winter creations. Class taught by Madeline Pelna. Ages 6-12

Mon Dec 28 and Wed Dec 30
5:30-7:30pm
\$65 (\$75 NR) GEARS CC


www.GetintoGEARS.org

After School Basketball Skills Clinic

GEARS is offering this six week class of basketball skill work. Each clinic incorporates a variety of basketball-specific skill stations, fun games and game play in 3v3 and 5v5 environments. Ball handling, shooting fundamentals, dribble moves, moving without the ball and offensive footwork will all be stressed.

Boys & Girls Grades 3-5
Tue Sept 8-Oct 13
3:45-4:45pm
\$95 (\$105 NR)
Bear Creek Gym



BEARS 1st & 2nd Grade Basketball

Coed skills development program will teach your child the fundamentals of basketball: dribbling, shooting and passing. Participants will play fun skill development games.

Includes a t-shirt.

Sat Dec 12-Jan 30 (no Dec 26)
(A) 10:30-11:30am
(B) 11:30am-12:30pm
\$70 (\$80 NR) East High Elem Gym

BEARS 7th-10th Grade Basketball

Organized practices and games for kids in Grades 7-10. Teams will practice two days per week and play Saturday games. If interested in coaching or officiating, please call the GEARS recreation office.

Volunteer coaches are needed!

Games: Sat Dec 12-Jan 30

Draft Date @EAHS Old Gym:

Tue Nov 24, 6-7pm
\$95 (\$105 NR)



BEARS 3rd-6th Grade Youth Basketball Program

Organized practices and games for children in Grades 3-6. Grades 3-4 will practice one night per week and play Saturday morning games. Grades 5-6 will practice two nights per week and play Saturday morning games.

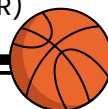
*Interested in coaching or officiating?
Call the GEARS Office: (717) 367-0355.*

Games: Sat Dec 12-Jan 30

Draft Dates @Bear Creek Gym:

Nov 2, 6-7pm BOYS Grades 3-4
Nov 2, 7:15-8:15pm BOYS Grades 5-6
Nov 4, 6-7pm GIRLS Grades 3-6

\$85 (Grades 3-4) (\$95 NR)
\$95 (Grades 5-6) (\$105 NR)



5th-6th Grade Travel Basketball League

- Teams will play in a local travel basketball league.
- Tryouts @Bear Creek Gym on Mon Oct 19th and Wed Oct 21st
- GIRLS from 6-7pm
- BOYS from 7:15-8:15pm
- Player fee (if selected): \$250.00

Free to tryout, please register.



Holiday Basketball Clinic

Develop some new basketball skills over the holiday break! Clinic will be led by the EAHS Boys Basketball staff and team. Shooting and 5-on-5 games will be played. Emphasis on dribbling, passing and footwork.

Boys & Girls Grades 3-6

Mon Dec 28, 10am-12pm
\$20 (\$25 NR) EAHS Gyms



REGISTER NOW

Night Sky Adventure

NEW

Discover the wonders of the night sky with NASA Solar System Ambassador, Ed Pinero, during this exciting one-day astronomy program! Begin indoors with fascinating images, videos, and interactive discussion as you learn about the stars, planets, and other amazing objects in our universe. Then head outside to put your new knowledge into action by identifying constellations with star charts and viewing celestial objects through telescopes (*weather permitting*). *Due to the dark setting, a parent is encouraged to accompany children under 18yr at no additional cost. Ages 8-99*

Fri Nov 13 (raindate Nov 16), 7-9pm | \$8 (\$10 NR) | Fuhrman Park/EDT Building

Fitness Punch Card

Do you have a crazy schedule or want to try several classes to find the workout that works best for you? Then a Punch Card might be exactly what you need!

Punch cards are available to use for fitness classes that are designated with a .

Each punch entitles you to one class. Present your card to the instructor at each class. A card can be purchased at the GEARS office for \$95 for 10 classes (\$105 NR).
Cards expire 1 year from purchase.

Zumba Gold®



This toned-down version of Zumba utilizes an engaging blend of Latin & International-style music along with a bit of catchy Pop! Geared to the de-conditioned person/beginner exerciser and the active older adult, it focuses on elements of cardio, balance, range of motion, and coordination. Taught by licensed Zumba Gold instructor, Nanette Lamb. Ages 16+

Mon Oct 19 - Dec 7

6:15-7pm

\$65 (\$75 NR) GEARS CC



Zumba®



Dance fitness class that fuses motivational musical rhythms and unique moves to create a dynamic workout designed to be FUN and EASY! Join the party as we move to beats of a mix of songs across the decades and music genres! Taught by licensed Zumba instructor, Courtney Clark.

Ages 14+

(I) Wed Sept 9- Oct 21 (no Oct 14)

(II) Wed Oct 28- Dec 9 (no Nov 25)

6:30-7:30pm

\$50/series (\$60 NR) GEARS CC



Pound®



Join us for this cardio jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums! Using Ripstix, lightly weighted drumsticks engineered specifically for exercise. Pound transforms drumming into an incredibly effective way of working out. Instead of just listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Led by certified Pound instructor, Courtney Clark. Bring a yoga mat. Ripstix provided. Ages 14+
Tue Sept 8- Dec 8 (no Oct 13, Nov 24)
7-8pm

\$95 (\$105 NR)

GEARS CC (12 classes)



Vinyasa Yoga

Strengthen, balance and gain flexibility while linking mind and body through breath. Sun Salutations, standing and seated postures, balance poses & intense relaxation combined in one class that allows the beginner or advanced yoga student to enjoy an invigorating and fulfilling experience. Instructed by Stephanie Weaver, a certified yoga instructor. Ages 16+

(A) Mon Sept 14- Dec 7 (no Oct 12)

(B) Thu Sept 3- Dec 3 (no Oct 22, Nov 26)

6-7pm, MV Carpenter Chapel

\$120 (\$130 NR) (12 classes)

PROUD TO SUPPORT GEARS

Discover GEARS activities and read the weekly Elizabethtown Merchandiser online.

TOWNlively.com

an EPP English Printing & Publishing Co., Inc. publication



Men's Vinyasa Yoga

Men of all experience levels are invited to try this **free** one-day sample class and discover the strength, flexibility, balance, and relaxation benefits of Vinyasa Yoga in a welcoming, supportive environment. Instructed by Stephanie Weaver. Ages 18+

Thursday Dec 17, 6-7pm GEARS CC

Register to receive email details & reminder.

Fitness

WELLNESS STARTS TODAY

Power Hour with Lynn

Strengthen, tone and condition your body from head to toe! Get ready for body weight exercises and weight training to help mix up your normal routine! Working the major muscle groups of your upper and lower body during this total body workout will help build muscle strength, lean muscle mass, and preserve bone density. Abdominal work will also help stabilize and strengthen your core muscle groups. Never the same class from week to week and always challenging you! Suitable for all experience levels.

Ages 18+

(I) Mon Sept 14-Oct 26

(II) Mon Nov 2-Dec 14

6:30-7:30 pm

\$60/series (\$70 NR) CPOW

★ Do it for yourself ★



Feel Good Yoga

Breath-based flowing yoga sequences are used to warm the body, foster mobility and flexibility, improve balance, and create a deep sense of relaxation. Learn postures using safe alignment and modifications. **Designed for all fitness levels** and can be adapted to individual needs, abilities, and desires. Please bring a yoga mat and yoga block. Instructed by Michelle Pelná, certified yoga teacher. Ages 14+

(A) Mon Sept 14-Dec 7 (no Oct 12, Nov 23)

(B) Thu Sept 17-Dec 10 (no Oct 15, Nov 26)

9-10am, GEARS CC

1 day/week: \$90 (\$100 NR)

2 days/week: \$170 (\$190 NR)

★ Use "combo" to register for 2x/week

Cycle Strong



All fitness levels are welcome for this low impact, but high intensity, stress-busting and calorie-torching workout set to motivating music. Come climb hills, ride through mud, race your neighbors, spring to the finish line, or just take a leisurely ride. Bring water, a towel and two small hand weights (optional) for some upper-body strength work without stopping your ride. Class taught by Charla Lorenzen, certified group fitness instructor. Ages 16+

Sat Sept 12-Dec 5 (no Oct 10)

8-8:45am, \$95 (\$105 NR) CPOW

Chair Yoga



Chair yoga offers a gentle, accessible way to enjoy the benefits of yoga with the support of a chair. The class includes mindful breathing, guided movement, and simple meditation – all from a seated or supported standing position. Each posture is taught with clear options so you can practice at the level that feels right for you, improving flexibility, mobility, and strength while ending with deep relaxation. Welcoming to all levels and abilities. Instructed by Michelle Pelná, certified yoga teacher. Ages 18+

Wed Sept 16-Dec 9 (no Oct 14, Nov 25)

9-10 am, \$90 (\$100 NR) GEARS CC

Power Yoga Flow



Energize your body with Vinyasa power yoga. Designed to build strength and flexibility, this class offers a balance of challenge and ease. Connect breath to movement while flowing through a variety of standing and seated poses. Participants should bring a yoga mat, and may also find a strap and/or block helpful for support and deeper alignment. Taught by Carissa Knight, a Registered Yoga Teacher (RYT-200). Ages 16+
Wed Sept 9-Dec 2 (no Nov 25) | 6:30-7:30 pm | \$95 (\$105 NR) MV Carpenter Chapel

Bellydance Fitness

NEW

Try something new! Trim and tone your body with graceful movements in this beginner friendly Bellydance Fitness class. Burn calories and reduce stress with a fun aerobic workout while moving to beautiful music. Wear comfortable workout clothes. Led by Venecia Arzola. Ages 18+
Mon Sept 21- Oct 26 | 6:30-7:30pm | \$65 (\$75 NR) GEARS CC

www.GetintoGEARS.org

make today amazing

Spin & Sculpt

Transform your body & burn calories with this workout! Build your cardiovascular endurance and strength with a combination of indoor cycling & strength training. From intervals to climbing hills, sprints, and jumps, this class has something for everyone. Class includes resistance exercises using your bodyweight and dumbbells along with music that will motivate and inspire you! Don't forget your workout towel, dumbbells, and water! All fitness levels are welcome. Instructed by Lynn Mohr. Ages 18+

Tue & Thu

(I) Sept 1-Oct 22

(II) Oct 27-Dec 22
(no Nov 26)

5:30-6:30pm

\$105/series (\$115 NR) CPOW



Step Fitness



Ignite your calorie burn with this energizing, full-body step workout! You will be moving and grooving through fun, beat-driven routines that can easily be modified for any fitness level. Boost your cardio and leave class feeling strong and uplifted. The beginner class is recommended for participants new to a step class. If you have already mastered the basics, challenge yourself in the Intermediate class! Ages 16+

(I) *Beginner Class*

Thu Sept 10- Oct 15

(II) *Intermediate Class*

Thu Oct 29- Dec 10 (no Nov 26)

6:15pm-7pm

\$50/series (\$60 NR) GEARS CC

EVERY
JOURNEY
NEEDS A
FIRST
STEP

Tai Chi

The Intro Tai Chi class teaches short and simple forms, introducing you to some of the more well-known movements of Taijiquan. The Advanced level of this class introduces longer and more detailed forms from different Taiji styles. Both classes emphasize alignment, relaxation, and safety. Instructor Ben Ninmann has been teaching Tai Chi for over 25 years. Ages 18+

Tue Oct 6 -Dec 8

(A) 6:15-7:15 pm (*Intro Class*)

(B) 7:15-8:15 pm (*Advanced Class*)

\$110 (\$120 NR) MV Carpenter Chapel 10

Line Dance

Instructed by Raquel Neighoff

Let's Line Dance

Step onto the dance floor for two hours of music, movement, socializing, and fun learning some of the latest trending dances along with timeless classics.

Each session covers multiple dances with step-by-step reviews to build your confidence on the dance floor! Open to all skill levels, but perfect for the beginner line dancer. Ages 14+

Tue Sept 8-Oct 13 (6 weeks)

6:30-8:30pm, \$65 (\$75 NR)

Memorial Hall, Etown Fairgrounds

Let's Line Dance Improver+

Keep your boots moving! This Improver+ class is designed for dancers who have mastered the basics and are eager to learn exciting new choreography and improve their rhythm, coordination, and confidence while enjoying great music, plenty of laughs, and an encouraging class environment each week!

Tue Oct 20-Nov 24 (6 weeks)

6:30-8:30pm, \$65 (\$75 NR)

Memorial Hall, Etown Fairgrounds

Join the Elizabethtown Flex League

for friendly, competitive matches

- Men's and women's singles round-robin:** Play 5-7 matches against players in your group over an ~8-week season
- All levels welcome:** We group you with players at a similar level for fair, competitive matches
- Flexible scheduling:** Coordinate with your opponent to choose when and where to play
- Improve your game:** Sharpen your game with more reps

Download the **USTA Flex** app, search for your **ZIP code**, and join your flex league!

SIGN UP IN THE APP

Questions? Send an email to customer@usta.com

USTA MIDDLE STATES



swim lessons



Tadpole (Preschool Level 1)

Introduction of basic aquatic skills and water adjustment. Skills are performed with assistance.

Guppy (Preschool Level 2)

Further development of aquatic skills at a slightly more advanced level. This level marks the beginning of independent aquatic locomotion skills.

Frog (Level 1)

Introduction to Water Skills: Includes floating, kicking, and arm action.

Seahorse (Level 2)

Fundamental Aquatic Skills: Expand on fundamental aquatic locomotion including combined strokes on front and back and rhythmic breathing.

Seal (Level 3)

Stroke Development: Increase swimming skills including elementary backstroke and deep water skills.

Dolphin (Level 4)

Stroke Improvement: Develop confidence and competency beyond preceding levels, including breaststroke, sidestroke, and diving.

Shark (Level 5)

Stroke Refinement: Coordinate and refine key strokes; introduce the butterfly stroke, and open turns.

Parent & Child Swimming

Make a splash with your little one this fall! Parents join their child in the pool for a fun, engaging class designed to build comfort and confidence in the water. Using pool toys and age-appropriate equipment, children will explore basic water skills through playful activities. Ages 6 months- 3yr

Sat Sept 5- Oct 24

(A) 8-8:30 am (6-24 months)

(B) 8:40-9:10 am (2-3 years)

\$100 (\$110 NR) MV Patton Pool

Swim Lessons

Program provides opportunities for achievement and allows smooth transition between levels of instruction. Activities offered at every level stimulate interest and motivate participants to advance to the next level of instruction.

Sat Sept 5-Oct 24

Level 1 *Tadpole* 9:20-9:50am (age 4-5)

Level 1 *Tadpole* 12:15-12:45pm (age 4-5)

Level 2 *Guppy* 9:55-10:25am (age 4-5)

Level 1 *Frog* 10:30-11:00am (age 6+)

Level 2 *Seahorse* 11:05-11:35am (age 6+)

Levels 3/4/5 *Seal/Dolphin/Shark*

11:40am-12:10pm (age 6+)

\$110 (\$120 NR) MV Patton Pool

Must call the recreation office to register for swim lessons to ensure your child is placed in the correct swim level.

Aquacise

Enjoy a refreshing workout that supports total-body wellness! This shallow water aerobics class uses natural water resistance to build strength, improve flexibility, and boost cardiovascular health — all while being gentle on the joints. Participants will tone muscles, enhance balance and stability, and leave feeling energized, refreshed, and stronger both in and out of the pool. Taught by Karen Diehl. Ages 16+

Tue and/or Thu Sept 8- Oct 29

6:45-7:30pm

1 day/week: \$75 (\$85 NR)

2 days/week: \$140 (\$160 NR)

MV Patton Pool



BIG BRIGHT BOUNCES

Making Central PA Events Bigger & Brighter Since 2003

- Bounce Houses
- Obstacle Courses
- Slides
- Mechanical Bulls
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- Event Rentals

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Medicare Madness

Intro to Medicare: If you are about to turn age 65 and confused by Medicare, this class is designed specifically for you! The basics of Medicare will be explained, including how and when to sign up for Medicare, what is covered by the different parts of Medicare (A, B, C and D), and what the difference is between a Medicare Supplemental (Medigap) and a Medicare Advantage plan. Additionally, we will walk through how to find a plan that best fits your needs. This class is beneficial for seniors because it clears away the confusion, answers many questions, and empowers participants through education. Ages 18+

Thu Sept 24, 6-8pm
\$15 (\$21 NR) GEARS CC



Social Security Workshop

Social Security is one of the most important retirement decisions you will make. This class will help you understand your benefit options, key claiming strategies, and the factors that can affect your lifetime income. You'll learn how age, work, taxes, spousal and survivor benefits, and coordination with your overall retirement plan can influence your decisions, giving you the knowledge and confidence to make informed choices for your financial future. Ages 18+

Wed Sept 2, 6-7:30pm
GEARS CC, Senior Center
FREE, registration required



Interested in Instructing?

GEARS is always looking for qualified instructors/coaches for various youth and adult programs. If interested, please go to the *Join our Team* page on our website and complete an application today!

Wills, Trusts & Estates

What is a Will? What happens if you do not have one? How do you make a Will? What is a Trust? Do you need/want one? What do you do if you have to administer an Estate? This class is designed to be an introductory course to give you a working knowledge of the law in the Estate area. Questions about particular circumstances will be welcome. Instructor Thomas Beckley is an attorney who devotes a large portion of his practice to Estate Planning and Administration. Ages 18+

Thu Oct 15, 6-8 pm
\$10 (\$16 NR) GEARS CC

Tax-Smart Retirement Planning

Learn practical strategies to help make your retirement savings last longer by minimizing taxes and maximizing after-tax income. This class explores how different retirement accounts are taxed, the impact of required distributions, Roth conversion strategies, Social Security taxation, and ways to create a more tax-efficient retirement income plan. You'll gain valuable insights to help keep more of what you've worked so hard to save. Ages 18+

Wed Nov 4, 6-7:30pm
GEARS CC, Senior Center
FREE, registration required



Presented by M&T Bank

M&T Bank

Credit Scores & Reports

Explore the importance of credit scores, learn how to access credit scores and reports, discuss strategies to build and repair credit, and identify how to protect your credit from fraud. Age 18+

Tue Sept 22, 6-7pm | GEARS CC | FREE, registration required

Identity Protection

Learn how to recognize the signs of identity-related crimes. Explore different types of scams and deceptive practices. Discover strategies and safe habits to safeguard yourself and your personal information from fraud. Age 18+

Tue Nov 3, 6-7pm | GEARS CC | FREE, registration required

Fall Foliage - PA Grand Canyon

Start your day at Leonard Harrison State Park, where you can take in the sweeping views of the PA Grand Canyon and spot native wildlife! Then, enjoy a hearty cowboy cookout lunch before relaxing on a two-hour, horse drawn covered wagon ride through the wondrous Pennsylvania Grand Canyon! Your tour guides are fluent in the history of the Canyon, going back to the 19th century. Finish out the day with free time to stroll through the quaint streets of Wellsboro. Trip includes transportation, lunch, and



wagon ride.

Thu Oct 15
Depart 6:30AM
Arrive back 9PM

\$165 (\$175 NR) Clearview Lanes

New York City Day on Your Own

Experience the magic of Christmas in New York City during the most festive time of the year! Travel in comfort by deluxe motor coach and spend the day exploring the city at your own pace. Stroll past dazzling holiday window displays, take in the iconic Rockefeller Center Christmas Tree, enjoy seasonal markets and soak up the sights and sounds of the city all decked out for the holidays. With world-class shopping, dining, museums & Broadway shows, there's truly something for everyone to



enjoy in NYC!

(I) Sat Nov 28
(II) Sat Dec 12

Depart 7AM
Arrive Back 10:30PM

\$95 (\$105 NR) EAHS Parking Lot

Please update your GEARS online account with your current email and phone information to receive important details for your upcoming programs and adventures.



www.GetintoGEARS.org

Jim Thorpe Fall Foliage Festival

Enjoy a beautiful day in Jim Thorpe during their Fall Foliage Festival! This is a fun day for the entire family with scenic train rides, handmade arts & crafts, delicious food, live music, children's activities, and seasonal specials from local restaurants, shops, and galleries. Witness downtown Jim Thorpe in all of its autumn splendor! Trip includes transportation only.



Sun Oct 4
Depart 8AM
Arrive back 8PM
\$79 (\$89 NR)
EAHS Parking Lot

Radio City Christmas Spectacular

Experience the magic of Christmas in New York City at this year's Radio City Music Hall Christmas Spectacular starring the world-famous Rockettes. Enjoy dazzling performances, festive scenes, and unforgettable holiday entertainment. Guests will have free time in NYC for lunch and sightseeing before the show, Trip includes transportation & orchestra seat show ticket. Showtime: 3PM



Fri Nov 20
Depart 7:15AM
Arrive Back 9PM
\$199 (\$209 NR)
Clearview Lanes

Dickens of a Christmas

Step back in time for Wellsboro's *Dickens of a Christmas* celebration! This festival traditionally includes craft & food vendors dressed in Victorian garb to present many unique gift giving options which include hand crafted Christmas ornaments, wooden toys, jewelry, quilted items & homemade treats. Following your day at the festival you will enjoy the acclaimed Dickens dinner buffet at the Penn Wells Hotel. Trip includes transportation, festival, Dickens buffet dinner & meal gratuities.

Sat Dec 5
Depart 7AM
Arrive Back 9PM
\$159 (\$169 NR)
EAHS Parking Lot



Longwood Christmas with Winterthur

Tour the elegant Winterthur Museum, gardens, and library, home to Henry Francis Du Pont's renowned collection of American decorative arts, beautiful gardens, and scenic rolling landscapes. Enjoy a boxed lunch before visiting Longwood Gardens. The season comes alive with dazzling light displays and festive holiday magic at every turn. Trip includes: transportation, Winterthur admission, boxed lunch, and Longwood Gardens Admission.

Tue Dec 15, Depart 8:15AM, Arrive Back 8PM
\$159 (\$169 NR) Clearview Lanes

PLEASE NOTE: Departure times & locations are subject to change based on participation level. All cancellations must be received at least 30 days prior to the trip.



FRIENDLY COMPETITION Adult Leagues & Tourneys

Coed Softball League

Enjoyable co-ed slow pitch games for men and women softball enthusiasts. 10-game season with playoffs. *Teams are responsible for umpire fees & softballs. Ages 14+*

Register by Mon August 24th

Mon-Thu Sept 14-Nov 9
6:30-9:30 pm
\$350/Team (\$385 NR)
Etown Park Softball Field



Congratulations to *The Beauties & the Beasts*, the GEARS Fall 2025 Coed Softball League Champions!

GEARS Fall 4-Person Scramble Golf Tournament

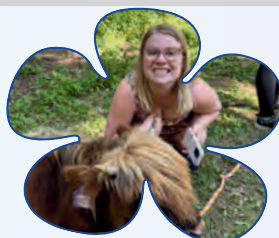
Sponsored by R.E. Pierson Materials Corp, Central Penn Propane, and DDMP. Bring your game for the 30th Annual GEARS Fall Golf Tournament. Includes green fees, cart, lunch, snacks, awards, and a gift bag.

Fri Oct 2nd, 8:00 am

Dauphin Highlands Golf Course
\$100/Player



Don't miss your last chance to play at Dauphin Highlands Golf Course before closing on Oct 12th!



Thank you to the Pinnacle Foundation for your continued support of Camp Ladybug.



Looking for childcare with enthusiastic staff and flexible options to meet the needs of your busy lifestyle? Consider GEARS Kids Center, we offer affordable tuition fees with full time and part time options available for Before and After school, Kindergarten Enrichment, Preschool and Summer Camp Programs. Spaces for the school year are limited, so call soon! Contact us at (717) 367-0119 for a tour today or email WendyMusser@GetintoGEARS.org



GEARS Kids Center is a STAR 4 Facility with the Pennsylvania Keystone Star Program.

OUR PROGRAMS:

PRESCHOOL:

Our 3.6 year-5 year old students are assessed with the Desired Results: Social-Emotional assessment tool . We also use the Ages and Stages screening tool to assess their current development. GEARS Kids Center uses the Pennsylvania Early Learning Standards to create lesson plans. Our philosophy is that learning through play and active engagement fosters the development of a well-rounded child.

KINDERGARTEN:

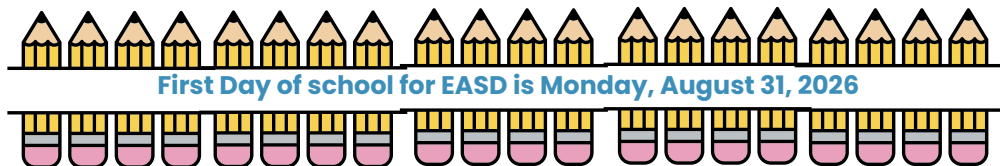
Our Kindergarten students can attend a Kindergarten Enrichment program in the morning and afternoon at the GEARS Community Center. Kids Center provides mid-day transportation from Krapf, Inc., transporting students to East High Elementary and Bainbridge Elementary to attend the Elizabethtown Area School District Kindergarten Programs. Kindergarten enrichment at the Community Center allows children to continue their learning with a vibrant program supported by the Pennsylvania Kindergarten Standards. GEARS uses the PATHS Social Emotional Curriculum and evaluates students using the Desired Results assessment tool.

BEFORE AND AFTER:

Our Before and After School programming serves students who attend Bainbridge Elementary, Bear Creek Elementary and East High Elementary. These elementary schools, as well as, the GEARS Community Center serve before and after school students ages first through fifth grade. The Community Center serves as a site when "non-school" days are scheduled by the EASD. PATHS Social Emotional Curriculum is taught and students are evaluated by the Desired Results -Social-Emotional assessment tool.

Upcoming Events:

- **August 28th: 3pm-5pm: Back to School event for all GEARS students for the 26/27 school year at our Community Center!**
- **October 2nd: Grandparent's Luncheon**
- **November 20th: Cookies with Santa**



First Day of school for EASD is Monday, August 31, 2026



Elizabethtown Area Senior Center

Friends Meeting Friends

Elizabethtown Area Senior Center is an activity center for independent elderly area residents over 60 years old. The Senior Center has a large service area that includes the communities of Elizabethtown, Bainbridge, Maytown, Mount Joy, Salunga, Landisville, Mastersonville and Manheim.

Door-to-door transportation is available, as needed.

The Senior Center is open Monday through Friday 8:30am-4pm.

Lunch is provided daily.

Pancake Breakfast & Bazaar November 14, 2026



Get a jumpstart on the holiday season! While parents and grandparents shop our wide variety of vendors and enter for fabulous raffles, kids can enjoy our festive Kids' Holiday Room—complete with early photos with Santa, fun holiday crafts, and cheerful activities.

Whether you're shopping for the perfect gift, enjoying seasonal treats, or capturing that perfect Christmas photo, there's something for everyone!

***Accepting Vendors**

Located in the GEARS Community Center Gym and Senior Center
Breakfast sponsored by Conoy Lions Club

**All You
Can Eat
Breakfast**

7am-11am

**Fall
Bazaar**

7am-
12pm

Raffles &
Vendors*

The Elizabethtown Area Senior Center is a place where older adults can stay active, build friendships, and enjoy new experiences in a welcoming and supportive environment. From educational programs and fitness classes, to games, crafts, and special events, there's always an opportunity to connect, learn, and have fun.

Throughout the year, we offer a variety of activities designed to enrich the lives of our members and create lasting memories. This season, we're looking forward to celebrating together with a Garden Party in September, a Halloween Celebration in October, our annual Thanksgiving Potluck in November, and a month-long Christmas Celebration in December filled with festive activities, music, and holiday cheer. We'll wrap up the season with one of our favorite traditions—PJs and Pancakes!

In addition to our activities at the center, we have several exciting fall trips planned featuring shopping, entertainment, and opportunities to explore the community together. **For more information about our programs, events, and trips, please reach out or stop by anytime during our business hours.**

We would love to welcome you to the Elizabethtown Area Senior Center!

This program is funded, in part, under an agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Office of Aging.

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Sunday: Noon - 5 p.m.
JANUARY - APRIL
Friday: 10 a.m. - 5 p.m.
Saturday: 9 a.m. - 3 p.m.



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- Post-surgical, cardiac, joint replacement & wound care
- Disease, medication & pain management
- Short-term post-acute hospital rehabilitation
- Blood sugar, blood pressure, oxygen & antibiotic monitoring

717-361-4050 | MasonicVillageHomeHealth.org

MASONIC VILLAGE HOME CARE

Receive non-clinical help with daily living on an hourly, daily, regular or temporary basis. Services include:

- Grocery shopping/meal prep
- Light housekeeping
- Transportation
- Health care coordination
- Bathing, grooming & dressing
- Basic vital sign monitoring, pacemaker checks & medication reminders
- Day surgery assistance & respite care
- Help with transfers & walking

717-361-4999 | MasonicVillageHomeCare.org

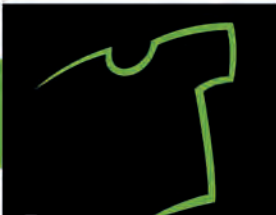


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Phone

Call us at (717) 367-0355 (Recreation); (717) 367-0119 (Kids Center);
(717) 367-7984 (Senior Center)

**In Person**

Drop by our office @GEARS Community Center, 70 South Poplar Street, Elizabethtown. The recreation office is located on the right side of the building.

Mail-In

GEARS, 70 South Poplar Street, Elizabethtown, PA 17022.
Please be advised that popular programs and classes fill early.

Confirmations/Receipts

Once you sign up it is your responsibility to attend the activity. Confirmations will be sent via email only. GEARS will contact participants if the program is cancelled.

Fee Structure

All fees listed in this brochure are for residents of East Donegal Township, Elizabethtown Borough, Mount Joy Township and West Donegal Township. Non-residents (NR) will be charged an additional fee.

Refunds/Transfers

If GEARS recreation cancels a class, a full refund or transfer to another class/session will be offered. All other refund requests must be received over the phone or by email prior to the start of the program. All refunds are subject to approval by the recreation director and any credit card processing fees will not be refunded. Programs requiring advanced purchase of tickets or services may not be refundable unless your spot can be filled (sports leagues, special events, tournaments, swim lessons, aquatic classes, and bus trips). If you are not satisfied with any of our programs, we kindly request your input in the form of suggestions, comments, ideas or changes for improvement in the program survey.

Miscellaneous

Class size of all programs listed in this brochure will be limited. Individuals must sign-up before attending any classes, unless otherwise noted. Registration is accepted on a first come, first served basis. GEARS does not provide accident insurance. Individuals must provide their own coverage.

**Location Codes & Addresses**

CC: GEARS Community Center: 70 S. Poplar St. Elizabethtown

CPOW: Community Place on Washington: 65 E. Washington St. Elizabethtown

EAHS/EAMS: Elizabethtown Area High School/Middle School: 600 E. High St. Etown

EDT: East Donegal Township, 190 Rock Point Rd. Marietta

Fuhrman Park: 190 Rock Point Rd. Marietta

Memorial Hall: 900 E. High St. Elizabethtown (Fairgrounds)

MV: Masonic Village Patton Campus: 1244 Bainbridge Rd. Elizabethtown

Winters Heritage House: 47 E. High St. Elizabethtown

The Wellness Grove: 222 S. Market St. Suite 101A Elizabethtown

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