GEARS
live. learn. play.
REGISTER NOW!
GetintoGEARS.org
FALL 2022

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Get into your community - **Get into GEARS**

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Message from our Executive Director

Dear Friends of GEARS,

As the heat of summer starts to fade and the cool days of fall begin, GEARS has you covered with a wide variety of high interest and exciting programs and events for you and your family. Come join us at our Fall Festival, take a fitness class, participate in youth basketball, join a volleyball league or take a trip. Whatever you decide, GEARS will ensure that you will have a great experience.

As a GEARS customer, we want to thank you for choosing GEARS during these challenging times. We know how important our services are to a healthy and safe community and we are grateful that you have chosen GEARS for your recreation, child care and senior center needs. In addition, I want to thank our community partners including our local businesses and civic organizations for their continued support. And speaking of support, you can participate in The ExtraOrdinary Give on November 18 to support GEARS programs. This 24-hour fundraising frenzy enables the community to contribute to their favorite non-profits. Donations can be made online starting at just $5. We hope you will consider GEARS when supporting our non-profit community providers. More details to follow on our website and Facebook.

Lastly, please remember, “You are braver than you believe, stronger than you seem, and smarter than you think.” With this in mind, we can do great things together. Take care and stay safe.

David Wendel
Executive Director

EXTRA™ GIVE

Lancaster County Community Foundation · Rodgers & Associates Wealth Advisers · High Foundation

November 18, 2022

SUPERHEROES & Princess Party

Experience an electric evening of music, dancing, crafts and a princess/ superhero costume parade! There will be special appearances by some of your favorite princesses and superheros! Each participant must be chaperoned by one adult (18+) and is encouraged to dress in either a princess or superhero attire.

Fri Sept 16 6:30-8 pm
GEARS Community Center
$25/couple ($33 NM)

FALL FESTIVAL

Saturday, October 22
10 am-2 pm
Elizabethtown Fairgrounds

GEARS is pleased to announce the 12th Annual Fall Festival. Event is family-friendly and features a fabulous array of entertainment, food, crafts, vendors and children's activities including inflatables, arts & crafts, a haunted barn, a non-scary hayride and games. Event held in conjunction with E-town College "Into the Streets".

Father/Son Laserdome Blast

Get out with dad, grandpa, uncle or teammate (18+) for a night of gaming fun! The night will include two 30 minute sessions of laser tag, unlimited rides, attractions and arcade games. Snacks and a drink will be provided.

Thu Nov 10 6-8:30 pm
Laserdome
$55/couple ($25/additonal child) $65 NM

Preschool

Learning one step at a time

Gym BEARS

Develop large and small motor skills in a fun learning environment while introducing the fundamentals of gymnastics. Ages 3-5

Thu Sept 8-Nov 10
5-5:45 pm (A) or 6-6:45 (B)
$65 ($75 NM) CC Gym

NEW!!

Planes, Trains & Automobiles Jr.

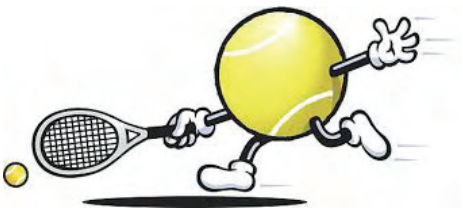
In this Snapology junior program, children will explore the world of transportation! Cars, buses, trains and airplanes are all important for communities and the world to stay connected. Little learners will explore the importance of transportation and build models of cars, trains, boats and more using Kid K'NEX. Ages 4-6

Thu Sept 8-Oct 13 6-7 pm
$120 ($130 NM) Community Center

Iddy Biddy Soccer

Coaches will teach basic soccer skills such as kicking, foot placement, dribbling, passing and trapping. Participants will become familiar with the game of soccer. Fee includes a t-shirt. Ages 3-5

Sat Sept 10-Oct 29 (no 8)
9-10 am (A) 10-11 am (B)
$50 ($60 NM) HS Field #2



Iddy Biddy Tennis

Children will learn to play tennis quickly using large-sized RED balls and smaller racquets, nets and courts. The ABCs, Agility, Balance and Coordination will be developed. Taught by Brenda McBride, PTR Certified Instructor. Ages 4-6

Tue Sept 27-Oct 18 5:30-6 pm
$55 ($65 NM) HS Tennis Courts

NEW!!

Bot Builders with Cubelets

In this Snapology challenge-focused program, children will begin to develop their computational thinking skills by playing with modular, robotic cubes known as Cubelets! Imagine this - every way your child snaps the magnetic cubes together creates a unique robot, but what really matters is how they figure out the perfect robot recipe to solve a challenge. They will work in small teams to figure out how to create lighthouses, racer bots, wheelie bots, goofy animals and so much more! Ages 4-6

Thu Oct 27-Dec 8 (no 11/24) 6-7 pm
$120 ($130 NM) Community Center

Iddy Biddy Basketball

Bring your little tike out for a hoopin' good time! Coaches will teach basic shooting, dribbling and passing skills. Fee includes a t-shirt. Ages 4-6

Sat Dec 3-Jan 28 (no 12/24)
8-8:45 am (A) 9-9:45 am (B)
$55 ($65 NM) East High Elem Gym

Mission Statement

Provide recreation, continuing education and social service activities/programs for the children, youth and adults of the participating municipalities in a fiscally responsible manner.

Girls Middle School Volleyball League

Get ready for the 2022 season! This Middle School Volleyball Program will compete in a Girls Volleyball League on Monday nights (Sept 12-Oct 24). Fee includes practice, uniform, league games and 2 tournaments. Teams for girls in grades 5-8.

Mon, Tue & Thu Aug 15-Oct 24 6-8 pm
$235 ($245 NM) Bear Creek Gym

MegaMachine Robotics NEW!!

In this Snapology class, children will create some of their favorite robotic motorized vehicles using LEGO Technic Bricks. Students will learn about gear ratio, sensors, pulleys, cranks and programming as they build trucks, space rovers, helicopters and much more. Students will use tablets and visual coding to animate the robotic creations. Ages 6-9

Tue Sept 6-Oct 11 5:30-6:30 pm
$120 ($130 NM) Community Center

Combat Robots NEW!!

Do you think that you can build the strongest and most agile robot? Can your robot win a head-to-head competition? Come learn engineering strategies for building sturdy structures using LEGO Technic bricks and then apply that knowledge to build a robot for friendly competition. You will have a blast as you play robot football and complete the hoop challenge in this fun Snapology robotics program. Ages 9-12

Tue Sept 6-Oct 11 6:45-7:45 pm
$120 ($130 NM) Community Center

GEARS is always looking for qualified instructors/coaches for youth and adult programs/activities. If interested, please go to the "Join our Team" page on our website and complete an application today!

Snapology

NEW!!

Machines & Contraptions

Does your little learner love to tinker and create new things, or are they the kind of learner who likes to break things apart to see what is inside? They will love this Snapology Foundational Engineering program! Students will get the tools they need to understand mechanical movement and the importance of simple machines. They will see these moving parts up close as they follow instructions to build physics concepts, and even play games with their classmates. Ages 6-9

Tue Oct 25-Dec 6 (no 11/22)
5:30-6:30 pm
$120 ($130 NM) Community Center

AtackBots with Spike Prime

Students will build a variety of military-inspired robots using the LEGO Spike Prime system that will respond to their programmed commands, while working with a partner to solve the various challenges. Your student will understand how to effectively utilize a sensor, how different mechanical components can alter the power and speed of their machine, and how programming is a challenging but rewarding skill that they can master with just a little practice. Ages 9-12

Tue Oct 25-Dec 6 (no 11/22)
6:45-7:45 pm
$120 ($130 NM) Community Center

Trail Riding

One hour guided trail ride. Ride horses through the 275 acres of woods and farmland on the ranch. Horses are well mannered and trained to work with riders that have little or no experience. For your own safety and safety of the horses, we do not trot or gallop through the trails. All children must be 8 or older and there is a strict weight limit of 225 pounds.

Wed Sept 7 (I) Sept 21 (II) Oct 5 (III)
Oct 19 (IV) 5-6 pm
Nov 2 (IV) 4:45-5:45 pm
$60 ($70 NM) Ironstone Ranch
1 Hollinger Lane, E-town

Youth/Teen

Live, learn and play at GEARS

Gymnastics

Learn basic gymnastics skills and progress to more advanced skills as the child is ready. Ages 6-12

Thu Sept 8-Nov 10 7-8 pm
$75 ($85 NM) CC Gym

Bob Schlosser Skills Clinic

Long-time Elizabethtown College Men's Basketball Coach and 2 time State Champion Coach Bob Schlosser is offering a 6 week clinic for skill work. Ball handling, shooting fundamentals, moving without the ball offensive and defensive footwork will be stressed. Grades 3-5

Tue Sep 13-Oct 18 GIRLS & BOYS
3:45-4:45 pm
$85 ($95 NM) Bear Creek Gym

Beginner Tennis

Children of any skill level will learn the fundamentals of tennis using the larger RED balls and smaller courts. Through the use of fun games and drills players will learn proper technique of forehands, backhands, serve and volleys. Taught by Brenda McBride, PTR Certified Instructor. Ages 7-14

Tue Sept 27-Oct 18 6-6:50 pm
$65 ($75 NM) HS Tennis Courts

Intermediate Tennis

Class is for players that have completed two or more sessions of beginning tennis lessons. Instruction will focus on continuing to develop tennis skills, footwork, and prepare for match play. Taught by Brenda McBride, PTR Certified Instructor. Ages 8-14

Thu Sept 27-Oct 18 7-8 pm
$65 ($75 NM) HS Tennis Courts

5th-6th Grade Travel Basketball Leagues

Boys and girls teams will play in a local travel basketball league. Flyers will be distributed through the EASD schools.

Tryout Dates:

GIRLS Oct 15 from 9-10 am &
Oct 17 from 6-7 pm
BOYS Oct 15 from 10:15-11:15 am &
Oct 17 from 7:15-8:15 pm
$185 Bear Creek Gym

BEARS 1st & 2nd Grade Basketball

Coed skills development program will work with your child on the fundamentals of basketball - dribbling, shooting and passing. Participants will play fun skill development games. Fee includes a t-shirt.

Sat Dec 3-Jan 28 (no 12/24)
10-11 am (A) 11 am-12 noon (B)
$55 ($65 NM) East High Elem Gym

BEARS Youth Basketball Program

Organized practices and games for children in grades 3-9. Forms will be distributed in late October. Interested in coaching or officiating, please call the GEARS Office at 367-0355. ***Volunteer coaches are needed!***

Draft Dates:

Nov 1, 6-7 pm BOYS Grades 3-4
Nov 1, 7:15-8:15 pm BOYS Grade 5-6
Nov 2, 6-7 pm GIRLS Grades 3-4
Nov 2, 7:15-8:15 pm GIRLS Grades 5-6

Bear Creek Gym
$70 (grades 3-4) ($80 NM)
$80 (grades 5-9) ($90 NM)

Continuing Education

Learn something new every day

Genealogy for Beginners NEW!!

Interested in doing your family tree but don't know how? This class will cover what you need to get started researching your family history or continue a project you have already started. You will get suggestions on which subscription services are worth the price and which are not. Participants will also get specific advice from the instructor and a copy of the PowerPoint presentation for each topic. Learn to use Ancestry.com, find obituaries, and much more! Katherine Pennavaria is a college professor and librarian with many years of experience doing genealoy research and presentations. Participants must bring a flash drive & notebook. Laptop is recommended.
Ages 18+

Mon Sept 19-Oct 10 6-8 pm
$50 ($60 NM) Senior Center

AARP Driver Safety Program

4-hour refresher course for people who have previously taken the eight-hour course. Course may fulfill requirements for a continuing insurance discount from any auto insurer doing business in PA. All participants MUST bring evidence of previous course completion to receive a certificate. Participants must also bring a valid PA drivers license. Bill Pearson will instruct. Ages 50+

Tue Sept 27 2:30-6:30 pm
$20 AARP Member Senior Center
$25 AARP Non-Member

Identity Theft NEW!!

Presented by M & T Bank. Learn how to identify the signs of identity theft and fraud. Examine different types of identity theft and fraud. Identify strategies to protect yourself from identity theft and fraud. Learn how to protect your data using safe habits. Ages 18.

Wed Sept 28 6-7 pm
FREE; Registration is required
GEARS Community Center

Wills, Trusts & Estates

What is a Will? What happens if you do not have one? How do you make a Will? What is a Trust? Do you need/want one? What do you do if you have to administer an Estate? This class is designed to be an introductory course to give you a working knowledge of the law in the Estate area. Questions about particular circumstances will be welcome. Instructor, Thomas Beckley, is an attorney who devotes a large portion of his practice to Estate Planning and Administration.
Ages 18+

Wed Oct 12 7-9 pm
$10 ($16 NM) Senior Center

Medicare Madness

Intro to Medicare

If you are about to turn age 65 and confused by Medicare, this class is designed specifically for you! The basics of Medicare will be explained, including how and when to sign up for Medicare, what is covered by the different parts of Medicare (A, B, C and D), and what the difference is between a Medicare Supplemental (Medigap) and a Medicare Advantage plan. Additionally, we will walk through how to find a plan that best fits your needs. This class is beneficial for seniors because it clears away the confusion, answers many questions, and empowers participants through education.

Wed Oct 19 6-8 pm
$15 ($21 NM) Senior Center

GEARS is rolling out our new website in a couple of weeks!! Please visit us at GetintoGEARS.org to check it out.

Fitness

Sound in mind and body

Fitness Punch Card

Punch cards are available to use for fitness classes that are designated with a . Each punch entitles you to one class. Present your card to the instructor at each class. A card can be purchased at the GEARS office for $80 for 10 classes.

Feel Good Yoga

Breath-based flowing yoga sequences are used to warm the body, foster mobility and flexibility, balance, and create a deep sense of relaxation. Learn postures using safe alignment and modifications. **Designed for all fitness levels** and can be adapted to individual needs, abilities, and desires. Please bring a yoga mat and yoga block. Michelle Pelna, certified and registered yoga teacher, will instruct.
Ages 14+

Mon &/or Thu Sept 12-Dec 15
(no 10/6, 10/10, 11/21 & 11/24)
9-10 am
$95/day ($170 for 2 days/week)
($105 NM) MV Carpenter Chapel

Hatha Flow Yoga

Multi-level class incorporates yoga poses, conscious breathing and a meditative focus to foster strength, flexibility and relaxation. Each class includes the following phases: checking in and warming up; building heat and awakening energy; focused strength, balance and breath work; deep stretching and a final relaxation. Various options will be provided for more or less intensity throughout the class so that it is tailored to individual participant needs. Participants should wear layers of comfortable clothing and bring a yoga mat, strap and block. Class will be taught by Charla Lorenzen, a certified yoga instructor. No experience necessary.
Ages 14+

Mon Sept 12-Dec 12 6-7 pm
Wed Sept 7-Dec 14 (no 11/23) 6-7 pm
Sat Sept 10-Dec 17 9-10 am
(no 10/15 & 11/26)
$120/day ($225 for 2 days) ($130 NM)
MV Carpenter Chapel (Mon & Wed)
Marriage Hub (Sat)

Spin N' Sculpt

Super effective workout that will transform your body! Burn calories and build your cardiovascular endurance and strength by a combination of indoor cycling mixed with strength training. This class has something for everyone from intervals to climbing hills, sprints, jumps and includes resistance exercises using your bodyweight and dumbbells along with music that will motivate and inspire you! You will be addicted to this major calorie burning class in no time! Don't forget your workout towel, dumbbells and water! All fitness levels are welcome. Lynn Mohr will instruct classes.
Ages 18+

5:45-6:45 pm (Class A)
Tue & Thu Sept 6-Oct 20 (I)
Nov 1-Dec 20 (no 11/24) (II)
$70 ($80 NM) Marriage Hub

7-8 pm (Class B)
Tue & Thu Sept 6-Oct 20 (I)
(no Sept 8, 22, Oct 6, 20)
Tue & Thu Nov 1-Dec 20 (II)
(no Nov 3, 17, 24, Dec 1 & 15)
$50 ($60 NM) Marriage Hub

Fight 'N Flow

Get your fight on with MMA style cardio conditioning paired with total body strength and lengthening with Kata, yoga and pilates inspired flow. Kayla Firestone is a certified instructor. Ages 14+

Tue Sept 6-Dec 13 6-7 pm
$75 ($85 NM) Fighting Dragons

Tai Chi

Simple 10-step Taiji form introduces students to the basic postures appearing in many Tai Chi forms. Attention will be given to relaxation, basic alignment and how to move safely. Ben Ninmann has been teaching Tai Chi for 9 years. Ages 18+

Tue Oct 4-Dec 6
6:15-7:15 pm (Intro Class)
7:15-8:15 pm (Advanced Class)
$105 ($115 NM) MV Carpenter Chapel

Zumba Gold®

A toned-down version of Zumba! A fun aerobics-type class, part dance and part fitness, based primarily on Latin American & International style music. Geared to the deconditioned person/beginner exerciser and the active older adult. For those that may be hesitant to go "full-out" for whatever reason, Zumba Gold is the way to go! Judy McMillen is a certified Zumba Gold Instructor. Ages 14+

Wed Sept 7-Nov 16 6:15-7 pm
(no 9/21, 10/5 & 10/12)
$50 ($60 NM) CC Gym

Zumba®

Dance fitness class that fuses motivational musical rhythms and unique moves to create a dynamic workout system designed to be FUN and EASY! The routines feature interval training where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning calories. Add some Latin flavor and International zest into the mix and you've got Zumba! Ditch the Workout, join the party! Classes are taught by Courtney Lesnik, a certified Zumba fitness instructors. Ages 14+

Wed Sept 7-Dec 7 (no 11/23)
6:15-7:15 pm
$65 ($75 NM) Fighting Dragons

Chair Yoga

Explore a yoga practice using the support of a chair. Accessible for all. Breathe work, movement, mediation all from a seated or standing position. Explore movement to foster mobility, flexibility and strength. Class will end with time for relaxation. Michelle Pelna, certified and registered yoga teacher, will instruct. Ages 14+

Thu Sept 15-Dec 15 10:30-11:30 am
(no 10/6 & 11/24)
$95 ($105 NM) Marriage Hub

POUND®

World's first cardio jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums! Using Ripstix, lightly weighted drumsticks engineered specifically for exercise, POUND transforms drumming into an incredibly effective way of working out. Instead of just listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning and strength training with yoga and pilates-inspired movements. Courtney Lesnik is a certified POUND instructor. Bring a yoga mat. Ages 14+

Fri Sept 9-Dec 9 (no 11/25)
6:15-7:15 pm
$65 ($75 NM) Fighting Dragons

Cycle Strong

All fitness levels are welcome for this low impact but high intensity, stress-busting and calorie-torching workout set to motivating music. Come climb hills, ride through mud, race your neighbors, spring to the finish line, or just take a leisurely ride. Bring water and a towel and two small hand weights (optional) for some upper-body strength work without stopping your ride. Class taught by Charla Lorenzen, an experienced ACE-certified Group Fitness Instructor. Ages 14+

Sat Sept 10-Dec 17 (no 10/15 & 11/26)
8-8:45 am
$70 ($80 NM) Marriage Hub

Athletics

Get Active

Beginner Pickleball Lessons

The popularity of pickleball has soared in recent years. Pickleball combines tennis, table tennis and badminton: needless to say, it gets intense quickly, but it's so much fun. Pickleball is a fast-paced sport that is easier on the joints and quicker to learn than other racquet sports. If you've never played pickleball before, start out on the right foot with one of our beginner lessons. Lessons cover everything you need to know to get started with the sport. This includes basic techniques, rules and strategies. All equipment provided. Brenda McBride will instruct. Ages 18+

Tue, Nov 1, 8 & 15
6-7 pm (Class A) 7-8 pm (Class B)
$50 ($60 NM) CC Gym

Pickleball

All ages are invited to play in this program. Pickle-Ball is a combination of tennis and badminton played on a badminton sized court with lightweight paddles and plastic perforated balls (much like wiffle balls). These elements produce exciting, long rallies which consist of volleys at the net and ground strokes similar to tennis. Pickle-Ball is a great equalizer for differences in age, sex, strength and athletic ability. Equipment is available.

Tue Sept 6-Dec 27 1:15-3:15 pm
Fri Sept 9-Dec 16 6-8 pm
(no 9/16, 9/30, 11/11 & 12/2)
$5/Day ($6/Day NM) CC Gym

Badminton

Smash! Men, women and children are invited to play the exciting sport of badminton. Equipment is available.

Wed Sept 7-Dec 28 1:15-3:15 pm
$5/Day ($6/Day NM) CC Gym

Leagues & Tourneys

Looking for competition

Coed Softball League

Enjoyable games for men and women softball enthusiasts. 10-game season with playoffs.

Mon-Thu Sept 7-Nov 3
6:30-9:30 pm
$350/Team E-town Park Softball Field

Coed Sixes Volleyball League

Local area coed sixes volleyball league. 10-match season with playoffs. Fans are welcome to attend.

Mon Sept 12-Nov 14
6:30-9:30 pm
$220/Team CC Gym

4-Person Scramble Golf Tournament

Bring your game for the 26th Annual 4-Person Scramble Golf Tournament. Includes green fees, cart, dinner, awards and door prizes.

Sponsored by R.E. Pierson Materials Corp.

Fri Oct 7 8:15 am
Dauphin Highlands Golf Course
$90/Player

Radio City Christmas Spectacular

Share the joy of the holidays with your loved ones this year at the Christmas Spectacular starring the Radio City Rockettes. The show promises to delight from the moment you enter the hall with a showcase honoring our enduring traditions.

Sat Nov 19 Depart 6:30 am
$175 ($185) HS Parking Lot

NYC - A Day on Your Own

The coach will drop you near Times Square to enjoy a day on your own in the Big Apple. You will find world class museums, an array of shopping, many restaurant choices and Broadway shows.

Sat Nov 26 Depart 6:30 am
$69 ($79) HS Parking Lot

"Dickens of a Christmas"

Step back in time for Wellsboro's "Dickens of a Christmas" celebration. The community's Victorian gaslights, strolling musicians, singers and dancers lend the perfect setting for a pre-Christmas celebration. Visit the many stands with crafts, home baked goods, and much more. End the day with dinner at the Penn Wells Hotel for their Dickens Holiday Dinner.

Sat Dec 3 Depart 7:30 am
$115 ($125) HS Parking Lot

Koziar's Christmas Village & Murdough's Christmas Barn

NEW!!

Arrive at Saucony Brewing Company for an early dinner. Visit Murdough's Christmas Barn, which features an enormous selection of Christmas decorations and trim, housed in a century-old barn. Next you will stroll through Koziar's Christmas Village and enjoy the winter wonderland that was created in 1948. View the stunning light displays, train displays and visit Santa's workshop.

Fri Dec 9 Depart 3 pm
$129 ($139) HS Parking Lot

Departure times and locations for trips are subject to change based on particpation level.

GEARS Municipal Partners & Board Members

Elizabethtown Borough
David Grey
Jay Hynicker
Howard Kroesen, Vice Chairman

Mt. Joy Township
Gerald Cole, Chairman
Jayne Duncan
Alex Shubert

West Donegal Township
Barry Garman, Treasurer
Rick Gibble
Logan Hoover

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717-657-9658

GEARS Staff Listing

Administration	**367-0355**
David Wendel	Executive Director
Joyce Hardman	Personnel/Accounting
Kids Center	**367-0119**
Wendy Musser	Director
Kelly Flowers	Assistant Director
Recreation	**367-0355**
Karen Eberly	Senior Program Coordinator
Lee Eckert	Program Coordinator
Lisa Nace	Secretary
Senior Center	**367-7984**
Jessica Raush	Director
Wayne Bream	Assistant

Sponsorship

Support our Community!

Fall Festival

GEARS will be presenting the 12th Annual Fall Festival on Sat, Oct 22 from 10-2 pm at the Elizabethtown Fairgrounds. The festival is a family-friendly event that features a variety of entertainment, food, crafts, and children's activities. This event attracts over 2,000 people representing a diverse demographic. Proceeds from the Fall Festival support GEARS in providing many services to families in the greater Elizabethtown area including childcare, senior center activities and affordable sports and recreation programs.

Event Sponsor: $1,500 (Exclusive Partnership Opportunity)

- Exclusive presenting sponsor of the event
- Opportunity to set up company information booth with representatives in high traffic location
- Corporate signage prominently displayed at event
- Corporate name and logo displayed on advertising materials
- Corporate logo displayed on website (1,200 active users a month) and social media (over 2,300 followers)
- Recognition in the GEARS monthly E-Newsletter (sent to over 9,500 people)

Activity Sponsor: $750

- Corporate signage at activity area (inflatable, hayride, haunted barn)
- Corporate logo displayed on website (1,200 active users a month) and social media (over 2,300 followers)
- Opportunity to set up company information table with representatives
- Opportunity to distribute promotional items or gifts
- Recognition in the GEARS monthly E-Newsletter (sent to over 9,500 people)

Supplies Sponsor: $250

- Corporate logo displayed on website (1,200 active users a month) and social media (over 2,300 followers)
- Recognition in the GEARS monthly E-Newsletter (sent to over 9,500 people)

Elizabethtown Holiday Parade

The Elizabethtown Holiday Parade is on Sat, Dec 10, at 4 pm on Market Street in downtown Elizabethtown. It is an event that annually attracts 2,000-3,000 people. This ongoing holiday tradition will continue in the future with GEARS and its continued partnership with Elizabethtown Borough. This nostalgic event brings the community together and spreads the holiday cheer.

Star Sponsor: $750

- Corporate name and logo will be utilized in promotional materials for the parade
- Corporate name and logo will appear on judges stand banner
- Corporate logo displayed on website (1,200 active users a month) and social media (over 2,300 followers)
- Recognition in the GEARS monthly E-Newsletter (sent to over 9,500 people)

Holly Sponsor $250

- Corporate name and logo will be utilized in promotional materials for the parade
- Corporate logo displayed on website (1,200 active users a month) and social media (over 2,300 followers)
- Recognition in the GEARS monthly E-Newsletter (sent to over 9,500 people)

GEARS Kids Center

Looking for childcare with enthusiastic staff and flexible options to meet the needs of your busy lifestyle? Consider GEARS Kids Center, we offer affordable tuition fees with full time and part time options available for Before and After school, Kindergarten, Preschool and Summer Camp Programs. Spaces for school year are limited, call soon!

Contact us at 717-367-0119 for a **tour** today or email WendyMusser@GetintoGEARS.org

GEARS Kids Center is a STAR 4 Facility with the Pennsylvania Keystone Star Program.

Reaching higher for quality early learning

OUR PROGRAMS:

Preschool: Our 3.6 years of age to 5 years of age students will be assessed with the "Early Learning Scales" Curriculum and assess development with using the " Ages and Stages" Assessment Tool. We adhere to the Pennsylvania Early Learning Standards. Our philosophy is "learning through play" and being active, this creates a well rounded child.

Kindergarten: Our Kindergarten students attend wrap around programs, attending their Kindergarten Classes in the Elizabethtown Area School District either in a morning or afternoon session. Kindergarten at the Community Center allows children to continue their learning with a vibrant program supporting the Pennsylvania Kindergarten Standards. GEARS uses the "PATHS" Social Emotional Curriculum and assess students using "Desired Results" Assessment Tool. We believe in providing enriching skills by utilizing the Kindergarten Learning Standards.

Before and After: Our Before and After programming serves students who attend Bainbridge Elementary, Bear Creek Elementary and East High Elementary students. These elementary schools as well as the GEARS Community Center serves before and after school students ages first grade to fifth grade. Our Community Center serves as a site when "no school" days are scheduled by the EASD. "PATHS" Social Emotional Curriculum is taught and students are assessed by the "Desired Results" Assessment Tool.

Upcoming Events:

Back to School & Meet the Teachers: Wednesday, August 17, from 6-7 pm at the GEARS Community Center!

First Day of School for Elizabethtown Area School District is Tuesday, August 23.

Elizabethtown Area Senior Center

Located in the GEARS Community Center
70 S. Poplar Street, Elizabethtown
717.367.7984
www.EtownAreaSeniorCenter.org
SeniorCenter@GetintoGEARS.org

Elizabethtown Area Senior Center is an activity center for the well elderly area residents over 60 years old. The Senior Center has a large service area that includes the communities of Elizabethtown, Bainbridge, Maytown, Mount Joy, Salunga, Landisville, Mastersonville and Manheim. Door-to-door transportation is available, as needed. The Senior Center is open Monday through Friday 8:30 am-3 pm. Call for a complete list of daily activities or additional information.

Geri-Fit

Join us for Geri-Fit on Mondays and Thursdays. We will be offering two different class times, one from 1:30-2:15 pm and a second class from 2:30-3:15 pm. Classes start September 12. Call the senior center to register.

Pinochle Club

Thursdays at 1:30 pm

Pancake Breakfast & Bazaar

Sat Nov 12
All you can eat breakfast
7 am-11 am

Bazaar 7 am-1 pm
Clothing, books, raffles and home based vendors!!

Breakfast sponsored by Conoy Lions Club

Join us for Afternoon Bingo which is held the first Wednesday of every month. Doors open at 1:20 pm, bingo starts at 1:45 pm. We will play 2 hours of bingo, with a 15 minute intermission in the middle. Cost to play is $10. Light refreshments will be provided. Prizes include snack items, nuts, fresh fruits & veggies, and puzzle books.

This program is funded, in part, under an agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Office of Aging.

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Support businesses that support our community!!

Masonic Village
FARM MARKET

MASONIC VILLAGE FARM MARKET

Sixty-four varieties of apples, as well as Pick-Your-Own apples and peaches!

Our bakery features the tastes of Lancaster County you are looking for, from delicious pies to homemade cookies.

Enjoy hand-dipped ice cream, shakes and sundaes at our Orchard View Café.

Hours:
Thursday - Saturday:
9 a.m. - 5 p.m.
Sunday: Noon - 4 p.m.

MVFarmMarket.com
717-361-4520

Personalized End-of-Life Care *at Home*

Masonic Village Hospice

EOE

Receive personalized end-of-life care at home (covered by Medicare, Medicaid and most private insurance plans). Services include:

- Complimentary evaluation
- Physician-directed care supervised by a registered nurse
- 24-hour support with visits as needed
- Medication, symptom & pain management
- Therapies & spiritual services
- Personal care assistance

717-361-8449
MasonicVillageHospice.org

MASONIC VILLAGE
Enjoy Life Your Way

Quality Care *at Home*

Masonic Village Home Health

Receive clinical care at home (Medicare certified). Services include:

- Skilled nursing care/ 24-hour-on-call support
- Physical, occupational & speech therapy
- Post-surgical, cardiac, joint replacement & wound care
- Disease, medication & pain management
- Short-term post-acute hospital rehabilitation
- Blood sugar, blood pressure, oxygen & antibiotic monitoring

717-361-4050
MasonicVillageHomeHealth.org

Masonic Village Home Care

Receive non-clinical help with daily living on an hourly, daily, regular or temporary basis. Services include:

- Grocery shopping/meal prep
- Light housekeeping
- Transportation
- Health care coordination
- Bathing, grooming & dressing
- Basic vital sign monitoring, pacemaker checks & medication reminders
- Day surgery assistance & respite care
- Help with transfers & walking

717-361-4999
MasonicVillageHomeCare.org

MASONIC VILLAGE
Enjoy Life Your Way

Registration Information

Fall 2022

Email: GEARS@GetintoGEARS.org

Online
www.GetintoGEARS.org

- There is a convenience fee to register online, the minimum being $2.
- A confirmation of your registration will be e-mailed to you.

Phone/Fax
Call us at 717.367.0355 or fax to 717.361.7235.
We accept Visa, MasterCard, American Express or Discover.

Register NOW

In Person
Drop by our office (GEARS Community Center, 70 South Poplar Street, Elizabethtown).

Mail-In
GEARS, 70 South Poplar Street, Elizabethtown, PA 17022.

Please be advised that popular programs and classes fill early. As another avenue to help the community with registration, we offer online registration. Visit our website at GetintoGEARS.org. Below is some information about on-line registration:

Confirmations/Receipts
Once you sign up it is your responsibility to attend the activity. No confirmations or receipts will be sent via mail unless you wish to provide a self-addressed, stamped envelope. GEARS will contact participants if the program is cancelled.

Fee Structure
All fees listed in this brochure are for members of the Elizabethtown Borough, Mount Joy Township and West Donegal Township. Non-members (NM) will be charged an additional fee.

Refunds/Transfers
GEARS strives to offer you high quality recreation programs. We are confident that you will like these programs - so confident that we will ensure our promises to provide that high quality. GEARS guarantees that you will be satisfied with our recreation programs. If not satisfied, tell us and we will arrange for you to do one of the following: 1} Repeat the class at no charge. 2} Receive full credit that can be applied to another program. 3} Receive a full refund. If you are not satisfied, we kindly request your input in the form of suggestions, comments, ideas or changes for improvement. Refund applications may be acquired by calling or writing the GEARS Office. To obtain a full refund, requests must be made in writing on the provided application within 10 business days after the last class date. (Exceptions: sports leagues, tournaments and bus trips). For refund requests due to reasons other than dissatisfaction, illness/injury or an emergency, a processing fee will be deducted from the refund amount.

Miscellaneous
Class size of all programs listed in this brochure will be limited. Individuals must sign-up before attending any classes, unless otherwise noted. Sign-up is accepted on a first come, first served basis. GEARS does not provide accident insurance. Individuals must provide their own coverage.

Location Code

CC = GEARS Community Center
HS = High School
MS = Middle School
MV = Masonic Village

GEARS
Fall 2022 Registration Form

Parent/Legal Adult Guardian Name

Name_____Birthdate_____

Address _____ Email Address _____

City _____Twp/Boro: E-town Boro WDT MJT Conoy NR

Home # _____Work # _____ Cell # _____

Emergency Contact Name _____ Phone # _____

Everyone listed here must reside at the same address otherwise use a separate form for each address.

GEARS does not provide accident insurance. GEARS participants must provide their own accident insurance.

Participants Name	Birthdate	Sex	Program Title	Session/Class	Fee

Payment Method (Circle One) Visa MC Amer Exp Discover Cash Check From Account

Credit Card Payment Authorization Credit Card Number_____

_____ Expiration Date _____

Authorized Signature (as shown on credit card) CSC #_____
(3 digit code on back of card)

Liability Waiver & Release: As a condition of participation in any GEARS program, sports league, class, recreation or fitness activity, I agree as a participant or parent/guardian of a participant in the program, to assume all risks and hazards of engaging in a GEARS activity or facility, including assuming all risks for personal injury, death and property damage.

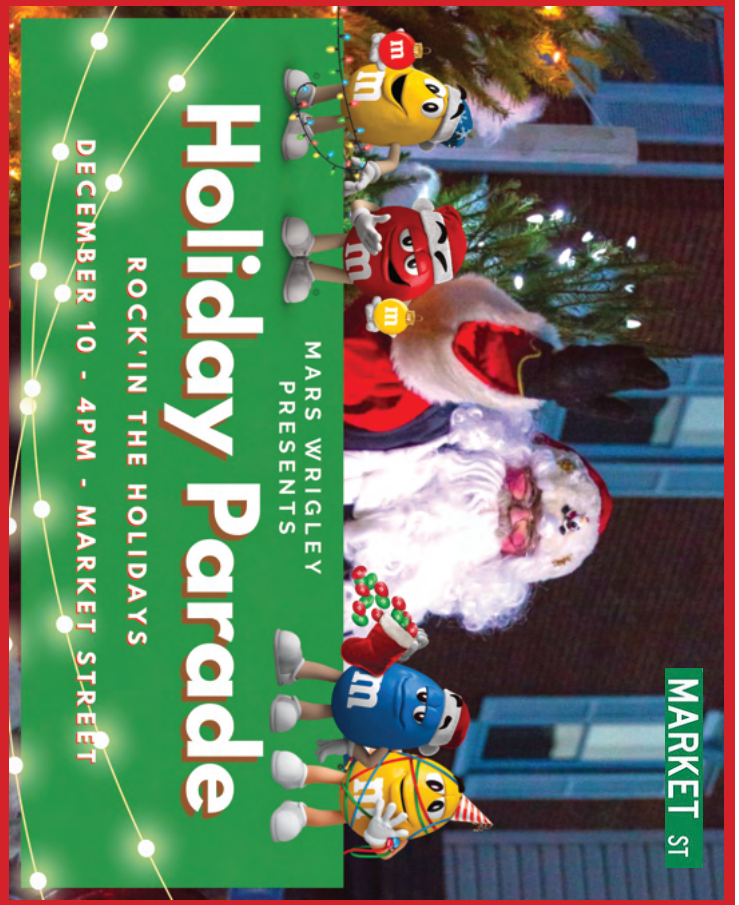
I agree to hold harmless GEARS, its staff, instructors, volunteers, officials, sponsors, partners or representatives from liability for any losses, damages or injuries that may occur as a result of my participation in these activities regardless of cause. I further agree that there is risk associated in regard to the COVID-19 pandemic and possible exposure as a participant.

I understand that by participating in a GEARS activity, I consent to photo and/or video images taken by GEARS staff during this activity to be used in any GEARS publications, reports and websites.

Acknowledgement of Understanding: I have read the above and understand the terms and conditions set forth in the liability waiver and release.

_____ _____
Particpant Signature Date

_____ _____
Parent/Guardian Signature (if participant under 18) Date



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